

Highlights from the Otero County Community Health Assessment - 2019
Recommendations to Improve Social Networks and Support

Otero County Healthcare Services Department

Full report available at: <https://www.co.tero.nm.us/374/Community-Health-Assessment>



Recommendations to Improve Social Networks and Support

- *Activity centers* for older adults
- *Community centers* that facilitate residents' efforts to socialize, participate in recreational or educational activities, gain information, and seek counseling or support services
- *Early childhood home visiting programs* that provide expectant parents and families with information, support, and training regarding child health, development, and care from prenatal stages through early childhood
- *Group-based parenting programs* that teach parenting skills in a group setting using a standardized curriculum, often based on behavioral or cognitive-behavioral approaches
- *Nurse-Family partnership programs* that provide home visiting services to low income, first time mothers and their babies, starting during pregnancy and continuing through a child's second birthday
- *Support and strengthen residents and communities* and address *effects of community trauma* (e.g., poverty, violence, structural racism, etc.) via a comprehensive, multi-stakeholder & multilevel approach¹



Recommendations based on evidence, community input, and current priorities

- Support the *"100% Community" Initiative* in Otero County²
- Invest in and support *community centers* in all County areas
- Improve *inter-agency collaboration* (e.g., between local, state, and county governments)
- Consider developing a *collaborative system for grant proposals and oversight*
- Increase *participation of rural communities in resource allocation and distribution*
- Support Otero County *Community Health Council Action Plan priorities*



Survival Services and Thriving Services: NM 100% Community Initiative²

Thriving Services	Survival Services
 Parent Supports	 Food
 Early Childhood Learning	 Housing
 Community Schools	 Medical/Dental Care
 Youth Mentors	 Behavioral Health Care
 Job Training	 Transportation

To address and reduce Adverse Childhood Experiences (ACES) - and to support a "100% Community" model locally – a diverse group of community members and organizations formed the "100% Community Otero" action team in 2019. Aligning educational, economic, and public health efforts, the group joins a growing number of NM counties building opportunity, resilience, and equity for all residents

Sources: ¹RWJF, [What works for Health](#); ²New Mexico 100% Community Initiative