

## Highlights from the Otero County Community Health Assessment - 2019 Recommendations to Improve Social Networks and Support

Otero County Healthcare Services Department  
Full report available at: <https://www.co.otero.nm.us/374/Community-Health-Assessment>



### Recommendations to Improve Social Networks and Support

- *Activity centers* for older adults
- *Community centers* that facilitate residents' efforts to socialize, participate in recreational or educational activities, gain information, and seek counseling or support services
- *Early childhood home visiting programs* that provide expectant parents and families with information, support, and training regarding child health, development, and care from prenatal stages through early childhood
- *Group-based parenting programs* that teach parenting skills in a group setting using a standardized curriculum, often based on behavioral or cognitive-behavioral approaches
- *Nurse-Family partnership programs* that provide home visiting services to low income, first time mothers and their babies, starting during pregnancy and continuing through a child's second birthday
- *Support and strengthen residents and communities* and address *effects of community trauma* (e.g., poverty, violence, structural racism, etc.) via a comprehensive, multi-stakeholder & multilevel approach<sup>1</sup>



### Recommendations based on evidence, community input, and current priorities

- Support the "100% Community" Initiative in Otero County<sup>2</sup>
- Invest in and support *community centers* in all County areas
- Improve *inter-agency collaboration* (e.g., between local, state, and county governments)
- Consider developing a *collaborative system for grant proposals and oversight*
- Increase *participation of rural communities in resource allocation and distribution*
- Support Otero County *Community Health Council Action Plan priorities*



### Survival Services and Thriving Services: NM 100% Community Initiative<sup>2</sup>

#### Thriving Services

-  Parent Supports
-  Early Childhood Learning
-  Community Schools
-  Youth Mentors
-  Job Training

#### Survival Services

-  Food
-  Housing
-  Medical/Dental Care
-  Behavioral Health Care
-  Transportation

To address and reduce Adverse Childhood Experiences (ACEs) - and to support a "100% Community" model locally - a diverse group of community members and organizations formed the "100% Community Otero" action team in 2019. Aligning educational, economic, and public health efforts, the group joins a growing number of NM counties building opportunity, resilience, and equity for all residents

Sources: <sup>1</sup>RWJF, [What works for Health](#); <sup>2</sup>New Mexico 100% Community Initiative